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Abstract

A support apparatus with interchangeable inserts includes a base member with an elongate body. The elongate body includes a hook and loop fastening surface for removably attaching interchangeable inserts. The base member attaches to the body of the user in end-to-end fashion. Securing straps and an anchoring ring provide additional support to keep the base member in position. The inserts are removably attached to the base member such that they are disposed against the body of the user when the apparatus is in use. The inserts may have different textures for tactile sensations and may be provided with cavities containing fluid or gel for transmitting heat or cold to the body of the user.

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